

# Phytobiodermie® Treatments

**From simple, effective treatments to meticulously personalized treatments. For the face, body and scalp**

Phytobiodermie® professional treatments work both at the matter (skin) and vital-energy levels. This is important because your body is composed of both vital energy and matter – but also (a well-known fact in all energetic medicine) because each skin condition is attributable to an imbalance in one or more of the 5 vital energy aspects. This approach not only ensures enhanced results but also offers a deep sense of well-being thanks to the rebalancing of your life energy.

## PHYTO 5 Phyto-Energétique Series



The PHYTO 5® Phyto-Energétique™ line is formulated with blends of natural essential oils that render the products energetic. The range includes 5 sub-lines that correspond to each of the 5 aspects (or Elements) of vital energy according to Traditional Chinese Medicine (TCM).

In TCM, all skin conditions are attributable to an energetic imbalance of one or more of the 5 Elements that constitute vital energy. Consequently, PHYTO 5® is comprised of 5 elemental lines, each named after one of the 5 Elements and formulated to rebalance the energies of that element. For example, the Metal line is the solution to skin conditions attributed to an imbalance of Metal energy (see below).

To facilitate identification, each elemental line is color-coded according to the color of the element it belongs to, and features the distinctive Chinese character of the element:

- Wood line for Wood conditions: Green
- Fire line for Fire conditions: Red
- Earth line for Earth conditions: Yellow
- Metal line for Metal conditions: Blue
- Water line for Water conditions: Violet

For balanced skin, it is essential to use the elemental line for the energetic season.

The energetic products have been tested with specialized equipment to measure vital energy before and after product application. Their vital-energy balancing properties are well proven in practice as well.

The 5 Elements and their corresponding skin conditions:

- A **Wood** imbalance usually manifests as: Oily skin, blackheads, hyper-pigmentation, and issues of vital energy circulation
- A **Fire** imbalance usually manifests as: Redness, irritated, sensitive, blotchy or allergic skin, excessive heat and perspiration, couperose, and issues of red blood (arterial) circulation
- A **Earth** imbalance usually manifests as: Blemishes, toxicity, acne, psoriasis, enlarged pores, and lymph circulation problems
- A **Metal** imbalance usually manifests as: Dry skin, surface flakiness, dull and lifeless skin, and issues of blue blood (venous) circulation
- A **Water** imbalance usually manifests as: Dehydration, lack of tone, wrinkles, and issues of water circulation (water retention)

The products are rendered energetic thanks to a proprietary blend of high-grade essential oils.